

Unit 4222-658 Understand how to provide support when working in end of life care (EOL 301)

Level: 3
Credit value: 4
UAN: Y/503/8689

Unit aim

The purpose of this unit is to assess the learner's knowledge and understanding surrounding the provision of support in end of life care

Learning outcomes

There are **six** learning outcomes to this unit. The learner will:

1. Understand current approaches to end of life care
2. Understand an individual's response to their anticipated death
3. Understand factors regarding communication for those involved in end of life care
4. Understand how to support those involved in end of life care situations
5. Understand how **symptoms** might be identified in end of life care
6. Understand advance care planning

Guided learning hours

It is recommended that **33** hours should be allocated for this unit, although patterns of delivery are likely to vary.

Support of the unit by a sector or other appropriate body

This unit is endorsed by Skills for Care and Development

Assessment

This unit must be assessed in accordance with Skills for Care and Development's QCF Assessment Principles

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Assessment Criteria

Outcome 1 Understand current approaches to end of life care

The learner can:

1. analyse the impact of national and local drivers on current approaches to end of life care
2. evaluate how a range of **tools for end of life care** can support the **individual** and **others**
3. analyse the stages of the local end of life care pathway.

Outcome 2 Understand an individual's response to their anticipated death

The learner can:

1. evaluate models of loss and grief
2. describe how to support the individual throughout each stage of grief
3. explain the need to explore with each individual their own specific areas of concern as they face death
4. describe how an individual's awareness of spirituality may change as they approach end of life.

Outcome 3 Understand factors regarding communication for those involved in end of life care

The learner can:

1. explain the principles of effective listening and information giving, including the importance of picking up on cues and non-verbal communication
2. explain how personal experiences of death and dying may affect capacity to listen and respond appropriately
3. give examples of internal and external coping strategies for individuals and others when facing death and dying
4. explain the importance of ensuring effective channels of communication are in place with others.

Outcome 4 Understand how to support those involved in end of life care situations

The learner can:

1. describe possible emotional effects on staff working in end of life care situations
2. evaluate possible sources of support for staff in end of life situations
3. identify areas in group care situations where others may need support in end of life care situations
4. outline sources of emotional support for others in end of life care situations.

Outcome 5 Understand how symptoms might be identified in end of life care

The learner can:

1. identify a range of symptoms that may be related to an individual's condition, pre-existing conditions and treatment itself
2. describe how symptoms can cause an individual and others distress and discomfort
3. describe signs of approaching death
4. identify different techniques for relieving symptoms.

Outcome 6 Understand advance care planning

The learner can:

1. explain the difference between a care or support plan and an advance care plan
2. identify where to find additional information about advance care planning
3. describe own role in advance care planning
4. explain why, with their consent, it is important to pass on information about the individual's wishes, needs, and preferences for their end of life care.

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Additional guidance

Tools for end of life care may include e.g.

- Liverpool Care Pathway
- Gold Standards Framework or equivalent
- Preferred priorities of care
- Advance care plan approaches
- Welsh integrated care pathway

Individual is the person receiving support or care in the work setting

Others may include.

- Partner
- Family
- Friends
- Neighbours
- Care worker
- Colleague
- Manager
- Social Worker
- Occupational Therapist
- GP
- Speech & Language Therapist
- Physiotherapist
- Pharmacist
- Nurse
- Psychologist
- Independent Mental Capacity Advocate
- Community Psychiatric Nurse
- Clinical nurse specialists

Symptoms includes anything that might hinder the well being of an individual and is not confined to medical symptoms. They may include physical, emotional or psychological symptoms and includes maintaining comfort and well being e.g.

- Reduced tissue viability
- breathlessness
- loss of appetite
- fatigue
- anxiety
- sadness
- discomfort

- pain

Unit 4222-664 Understand how to support individuals during the last days of life (EOL 307)

Level: 3
Credit value: 3
UAN: J/503/8137

Unit aim

The purpose of this unit is to assess the learner's knowledge and understanding of how to support individuals during the last days of life

Learning outcomes

There are **five** learning outcomes to this unit. The learner will:

1. Understand common features of support during the last days of life
2. Understand the impact of the last days of life on the **individual** and **others**
3. Know how to support individuals and others during the last days of life
4. Understand the actions to be taken following an individual's death
5. Know how to manage own feelings in relation to an individual's dying or death

Guided learning hours

It is recommended that **28** hours should be allocated for this unit, although patterns of delivery are likely to vary.

Support of the unit by a sector or other appropriate body

This unit is endorsed by Skills for Care and Development

Assessment

This unit must be assessed in accordance with Skills for Care and Development's QCF Assessment Principle

Unit 4222-664 Understand how to support individuals during the last days of life (EOL 307)

Assessment Criteria

Outcome 1 Understand common features of support during the last days of life

The learner can:

1. describe the common signs of approaching death
2. define the circumstances when life-prolonging treatment can be stopped or withheld
3. analyse the importance of any advance care plan in the last days of life
4. identify the signs that death has occurred.

Outcome 2 Understand the impact of the last days of life on the individual and others

The learner can:

1. describe the possible psychological aspects of the dying phase for the **individual** and **others**
2. explain the impact of the last days of life on the relationships between individuals and others
3. outline possible changing needs of the individual during the last days of life.

Outcome 3 Know how to support individuals and others during the last days of life

The learner can:

1. describe a **range of ways** to enhance an individual's wellbeing during the last days of life
2. explain the importance of working in partnership with key people to support the individual's wellbeing during the last days of life
3. describe how to use an integrated care pathway according to agreed ways of working
4. define key information about the process following death that should be made available to appropriate people according to **agreed ways of working**.

Outcome 4 Understand the actions to be taken following an individual's death

The learner can:

1. explain national guidelines, local policies and procedures relating to care after death
2. explain the importance of being knowledgeable about an individual's wishes for their after-death care
3. explain the importance of acting in ways that respect the individual's wishes immediately after death
4. describe agreed ways of working relating to prevention and control of infection when caring for and transferring a deceased person
5. describe ways to support others immediately following the death of a close relative or friend.

Outcome 5 Know how to manage own feelings in relation to an individual's dying or death

The learner can:

1. define possible impact of an individual's death on own feelings
2. identify available support systems to manage own feelings in relation to an individual's death.

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Additional guidance

Agreed ways of working include policies and procedures where these exist

Individual is the person receiving support or care in the work setting

Others may include

- Partner
- Family
- Friends
- Neighbours
- Care worker
- Colleague
- Manager
- Social Worker
- Occupational Therapist
- GP
- Speech & Language Therapist
- Physiotherapist
- Pharmacist
- Nurse
- Psychologist
- Independent Mental Capacity Advocate
- Community Psychiatric Nurse
- Clinical nurse specialist

Range of ways may include

- appropriate comfort measures in the final hours of life
- environmental factors
- non-medical interventions
- use of equipment and aids
- alternative therapies

This is a barred combination with EOL 306 within the Level 3 Certificate in Working in End of Life Care