## Unit 4222-267 Emergency first aid skills (L2EFAW)

Level: 2 Credit value: 1

UAN: Y/600/1250

#### Unit aim

Purpose of this unit is for learners to attain the knowledge and practical competences required to deal with the range of emergency first aid situations contained in this unit.

The aims are for learners to demonstrate the practical administration of safe, prompt, effective first aid in emergency situations with an understanding of the role of the first aider including equipment, record keeping and basic hygiene.

### Learning outcomes

There are **eight** learning outcomes to this unit. The learner will:

- 1. Understand the role and responsibilities of an emergency first aider
- 2. Know how to assess an incident
- 3. Be able to manage an unresponsive casualty who is breathing normally
- 4. Be able to manage an unresponsive casualty who is not breathing normally
- 5. Be able to recognise and assist a casualty who is choking
- 6. Be able to manage a casualty who is wounded and bleeding
- 7. Be able to manage a casualty who is in shock
- 8. Understand how to manage a casualty with a minor injury

### **Guided learning hours**

It is recommended that **10** hours should be allocated for this unit, although patterns of delivery are likely to vary.

#### Details of the relationship between the unit and relevant national standards

This unit is linked to L2EFAW.

### Support of the unit by a sector or other appropriate body

This unit is endorsed by Skills for Health.

#### **Assessment**

Assessment of this unit must adhere to the requirements of Skills for Care and Development/Skills for Health assessment strategy

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Assessment Criteria

## Outcome 1 Understand the role and responsibilities of an emergency first aider

The learner can:

- 1. identify the role and responsibilities of an emergency first aider
- 2. describe how to minimise the risk of infection to self and others
- 3. describe how to complete an incident report form
- 4. identify the first aid equipment available and describe how it can be used safely.

### Outcome 2 Know how to assess an incident

The learner can:

- 1. describe how to conduct a scene survey
- 2. describe how to make a primary survey of a casualty
- 3. identify when and how to call for help.

# Outcome 3 Be able to manage an unresponsive casualty who is breathing normally

The learner can:

- 1. demonstrate how to assess a casualty's level of consciousness
- 2. demonstrate how to open a casualty's airway and check breathing
- 3. demonstrate how to place an unconscious casualty into the recovery position that maintains an open airway and explain why it is important
- 4. describe how to treat a casualty who is in seizure.

## Outcome 4 Be able to manage an unresponsive casualty who is not breathing normally

The learner can:

1. demonstrate how to administer effective Cardio Pulmonary Resuscitation using a manikin.

### Outcome 5 Be able to recognise and assist a casualty who is choking

The learner can:

- 1. describe how to identify a casualty with a partially and completely blocked airway obstruction
- 2. demonstrate how to treat a casualty who is choking.

## Outcome 6 Be able to manage a casualty who is wounded and bleeding

The learner can:

1. demonstrate how to control severe external bleeding.

### Outcome 7 Be able to manage a casualty who is in shock

The learner can:

- 1. describe signs and symptoms of shock
- 2. demonstrate how to manage a casualty who is in shock.

## Outcome 8 Understand how to manage a casualty with a minor injury

The learner can:

- 1. describe how to manage a casualty with:
  - small cuts, grazes and bruises
  - minor burns and scalds
  - small splinters.